Father,

We turn our hearts to the everlasting Word that is imperishable, destined to stand forever and incorruptible. The power of your Word cannot be quenched, and it does not return to You void. Your seed accomplishes the life-giving force that You intend. And so it is, Lord, that we turn our attention to your voice, and I pray, Lord, that You would cause our spirits to stand at attention to the revelation of your goodness. In Jesus’ name. Amen. Amen!

Are you ready for some good news today?

God is good all the time! All the time, God is good! Everything God made is good, and God made life. Therefore, life is good!

The God Who has the power to create hundreds of billions of stars, Who has the wisdom to design inconceivably small particles and waves to organize that universe, Who can open His mouth and form light, or planets, or stars, or fish, or birds, or vegetation or oceans or human DNA, that God, that indescribably powerful and intelligent Designer of all that exists, is good.

He is not sometimes good and sometimes bad, like the deities of ancient Egypt or Greece or Rome. He is good all the time. There is nothing but goodness in Him.

Therefore, while you may face difficult circumstances, Genesis chapter one assures you that God is good. While evil people may perpetuate evil against you, God is good.

This morning, we have been watching a video of Pastor Joe Nelms’ prayer before a NASCAR race. After thanking God for all His blessings and saying, You said, in all things give thanks, he thanked God for Dodges, Toyotas and Fords; for the Roush Yates partnership which gave everyone the opportunity to see the power of the
In the Beginning, God’s Grace Was There

Part 4: Life Is Good

— Boogity! Boogity! Boogity!

God, the indescribably powerful and intelligent Designer of all that exists, is good.

He is not sometimes good and sometimes bad.

He is good all the time.

There is nothing but goodness in Him.

race that night; and for Sunoco racing fuel, Goodyear tires, GM performance technology and R07 engines. And then, he also thanked God for his smokin’ hot wife and his two children; he asked God’s blessing on the drivers and their performance; and he closed with: In Jesus’ name, boogity, boogity, boogity. Amen.

Ha! I don’t know what you think of that prayer. Granted, it is a little different, and maybe Pastor Nelms could have referred to his wife more appropriately as lovely or elegant. I don’t know, but I did go online to see what other people were thinking about this. You know what I noticed? For the most part, the people who didn’t like it were Christians, but those who were not Christians loved it. I think that is because people tend to think that what Christians stand for is what we stand against.

Today I will show you that the opening chapter of God’s Word is not about what God is against. It is about what God is for, because He made everything and He saw that it is good.

I’m not a NASCAR fan, but I am a golfer, and if I were to pray a real honest prayer before a golf event, mine probably would be to thank Jesus for titanium drivers that help the ball travel greater distances, for Pro V1 X’s that roll far and straight, for 3 Hybrids that get the ball in the air, for Mini Verde Bermuda greens and for a cool morning dew during a walk on a golf course.

There is something that blesses you a lot, and not only is God not displeased that it is not spiritual enough, but He is pleased that it blesses you, because He made it.

I found online one atheist who really hated Pastor Nelms’ prayer, but it was because he was an atheist. He said the pastor was thanking God for things which God didn’t deserve thanks for because people made the machines; that the pastor should have been thanking the people who put their intelligence, time and hard work into making the machines. And therein that atheist identified the fundamental difference in ideology between someone who believes in a God Who made everything, and someone who does not believe in Him; that God, although He did not with His own hands put together the Dodges and the Toyotas, He did make the metal; He did make the fossil fuel that runs them; and, most importantly, He made the people who designed and built it all.

Yet you know my favorite joke. I tell it all the time, but that is because it is my favorite:

A scientist says to God: We don’t need you anymore God. We can do everything ourselves now.

God says: Okay, good. I’ll go do something else. But before I go, let’s have a man-making contest.

The scientist says: Fine, we know how to replicate DNA; we can clone people; we can do it.

God says: I’ll go first.

So God stoops down, picks up some dust, fashions it into a man, breathes life into his nostrils...and there stands a living man.

Alright, my turn, says the scientist. He reaches down and begins to scoop up some dirt, but before he is able to continue, God interrupts him and says: Oh no, no. Get your own dirt!

Who made the Dodges and the Toyotas? Man did. But Who made the men that made the cars?!

And God saw that it was good.

We have been living these days in Genesis chapter one, where we have marveled at the vastness of creation and the intricacy of its design. WOW, God is great, God is intelligent, and, as we will see today in this refrain, God is good. But before I point you to that refrain in Genesis chapter one, I would like us to look at James chapter one and Psalm 84.
Fundamental Truth

James 1

In this text, James addresses a huge, fundamental question about the way you see life. It is essential to a proper theology, and a proper theology is essential to happiness in life. If you don’t correctly see God and His world, everything else will be distorted from that point.

Temptation Is Not from God

13 When tempted, no one should say, ‘God is tempting me.’ For God cannot be tempted by evil, nor does he tempt anyone; 14 but each one is tempted when, by his own evil desire, he is dragged away and enticed. 15 Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

It is very important to see this clearly. James was writing to people who were going through difficult trials and temptations, and he wanted to be absolutely clear that when you are tempted, when there is something evil that lies close at hand, it is not of God. All that is wrong with this world has to do with the fallen nature of the human heart, the depraved nature that wants what is bad. That desire then gives way to demonic power that entices and drags away, then gives birth to the sin which is designed to lead to destruction and death.

Everything Good Is from God

16 Don’t be deceived, my dear brothers. 17 Every good and perfect gift is from above, coming down from the Father of the heavenly lights.

God Is Good All the Time

who does not change like shifting shadows.

God is good all the time. All the time, God is good. He does not shift. He does not have a shadow in Him. He is GOOD!

We are never to be confused about these truths. God does not drag away anyone into sin. He is utterly for your good.

Psalm 84

This Psalm is one of the many instances of the celebration of God’s goodness to His people. At the end of this message I will refer back to it so that you will see it more plainly. It starts importantly:

We are never to be confused about these truths.

God does not drag away anyone into sin, and He is utterly for your good.

9 Look upon our shield, O God; look with favor on your anointed one.

The shield – the protection and the anointing – is a picture of kingly rulership. It is saying: Look upon our king, who represents us before You. That is who we want you to see Lord.

10 Better is one day in your courts than a thousand elsewhere; I would rather be a doorkeeper in the house of my God than dwell in the tents of the wicked.

An affirmation of how good it is to be in the presence of God.

11 For the LORD God is a sun and shield; the LORD bestows favor and honor;

And here is our text:

no good thing does he withhold from those whose walk is blameless.

God’s Delight

In the Goodness of His Creation

Genesis 1

This is an amazing chapter. As it begins, EVERYTHING is exploding with the brilliance of God: the size of the cosmos, the intricacy of its design, the dazzle of the glory of light moving at 186,000 miles per second, the mind-bending properties of the created order. And as it continues, the Scripture then becomes more specific about the days of creation and about God’s delight in all He has made.

3 And God said, ‘Let there be light,’ and there was light. 4

God saw that the light was good.
God’s affirmation of the goodness of His creation becomes a poetic refrain that ties together everything in the creation narrative.

10 God called the dry ground ‘land,’ and the gathered waters he called ‘seas.’ And 

God saw that it was good.

12 The land produced vegetation: plants bearing seed according to their kinds and trees bearing fruit with seed in it according to their kinds. And 

God saw that it was good.

17 God set them in the expanse of the sky to give light on the earth, 

18 to govern the day and the night, and to separate light from darkness. And 

God saw that it was good.

25 God made the wild animals according to their kinds, the livestock according to their kinds, and all the creatures that move along the ground according to their kinds. And 

God saw that it was good.

30 And to all the beasts of the earth and all the birds of the air and all the creatures that move on the ground—everything that has the breath of life in it—I give every green plant for food.’ And it was so.

31 God saw all that he had made, and 

it was very good.

God takes delight in His creation with a joyful childlike attitude that is surprising. He is an omniscient deity, He is creating it all, and the creation story unfolds with an element almost of drama because you are wondering if the next phase of creation will be something that God will take delight in. It is almost like that of a little child who sees something beautiful and says: That’s good!

Tony Campolo, in referencing some words from G. K. Chesterton,¹ said he imagined that God created daisies one at a time because of His pleasure with each step of creation. He likened that pleasure to that of a child whom you bounce on your knee, throw up in the air and catch. Then, laughing and giggling, what does he say? Do it again! So you take him, you turn him around and you throw him in the air. He comes down and he says, Do it again! Again, you take him, throw him up in the air and he says, Do it again! You know how many times he will tell you to do it again? Unlimited times! Do it again! Do it again! Do it again!

Campolo said he thinks this is the way God made all the daisies, that He didn’t just say, Let there be daisies everywhere. Instead, He crafted that Eye of the Day and He said: I like that. Do it again! I like that, do it again! Do it again! Do it again! Do it again!²

God is an artist. Have any of you who are artists done this: You are painting something and working with it for a long time. Then at some point you think, I don’t know about this, and you turn away. But when you return in a day or two, you are amazed and think: Did I do that? That’s good! It is wonderful for a creative person to be able to take delight in what they have created. God delights in His creation like that.


Psalm 104

24 How many are your works, O LORD!
In wisdom you made them all;
the earth is full of your creatures.
25 There is the sea, vast and spacious,
teeming with creatures beyond number—
living things both large and small.
26 There the ships go to and fro,
and the leviathan, [probably a reference to whales]
which you formed to frolic there.

Some translations say: to play with You there. I
don’t know, maybe the Atlantic Ocean is just a
gigantic fishbowl for God!
He takes delight in His creation.

Proverbs 8 (ESV)
Wisdom personified is speaking.
27 When he established the heavens, I was there;
when he drew a circle on the face of the deep,

I don’t know for certain what that is ... maybe a
smiley face on the face of the deep!
28 when he made firm the skies above, when he
established the fountains of the deep, 29 when he
assigned to the sea its limit, so that the waters might
not transgress his command, when he marked out
the foundations of the earth, 30 then I was beside him,
like a master workman, and I was daily his
delight, rejoicing before him always,
rejoicing in his inhabited world and delighting in
the children of man.

Psalm 65

8 ... those who dwell at the ends of the earth are in
awe at your signs. You make the going out of the
morning and the evening to shout for joy.
13 the meadows clothe themselves with flocks,
the valleys deck themselves with grain,
they shout and sing together for joy.

I know and I understand that this is a fallen world.
I believe in total depravity. But before anything
became sin-tainted, it was all good. Genesis chapter
one is a story about a God Who is good, Who made
an earth that is good. That earth is teeming with life,
and life is good. And the life of the earth is shouting
back unto Him His own glory, and God is taking
delight in it all.

You are the masterpiece
of His creation.
You were created
in His image,
and He delights in you!

In the Masterpiece of His Creation
I love thinking about God taking delight in His
creation, because I am part of His creation. You
want to believe in a God Who takes delight in His
creation, because you’re the pinnacle of His
creation!

Our response to His delight in us
It beggars our belief, but it is true! You are the
masterpiece of His creation. You were created in His
image, and He delights in you! I know you sin. You
know you sin. I know we sinned this morning. We
sinned last night. But God made the human being,
and there is something that precedes the sinful nature
of humanity. The beauty, artistry and goodness of
humanity came first. He made the DNA that has
made you who you are, and, no matter how far you
fall, He takes delight in you.

Our response to His delight in others
C.S. Lewis, in his book, The Weight of Glory,
wrote these startling profound words about our
regard for human beings:

... remember that the dullest and most
uninteresting person you can talk to may one day be
a creature which, if you saw it now, you would be
strongly tempted to worship ... There are no
ordinary people. You have never talked to a mere
mortal. Nations, cultures, arts, civilisations—these
are mortal, and their life is to ours as the life of a
gnat. But it is immortals whom we joke with, work
with, marry, snub and exploit—immortal horrors or
everlasting splendours.3

3 C. S. Lewis, The Weight of Glory (paperback) (New
As soon as you think God is withholding something good from you, it leads you to start looking for something else of your own desire.

Beloved, there is a magnificence in creation by which we enjoy the good gifts of God which have been freely given to us, and by which, when we have this revelation, we regard people as the magnificent image of God. Though they be fallen, we are never to forget that God made it all good.

THE CONSPIRACY OF HELL

Distortion and Confusion

The conspiracy of hell is to lure us into a wrong view of life, a confusion of what is good for what is bad. The enemy wants to convince us that God is not always good, and life is not always good. He wants you to believe that relationships are bad, so you isolate yourself; that food is bad, so you starve yourself; that pleasures are bad, so you deny yourself; that life is bad, so you do not bring praise.

A large part of the battle is built on whether we believe Genesis one, that God is good, and what God has made is good. Every distortion of that truth leads to error, to sin, to destruction and to death. God had told Adam and Eve: You may have the fruit of all these trees. They are good for you. But you may not eat of the Tree of Knowledge of Good and Evil in the middle of the Garden, neither shall you touch it, or you will die. But when Eve was tempted by the serpent, he convinced her that the bad tree was good. And the confusion of what was good and what was evil began with a distortion: Maybe God has withheld some good thing from me.

Sin, Destruction and Death

As soon as you think God is withholding something good from you, it leads you to start looking for something else of your own desire. And thus it is, James says, that out of our own sinful desires therein is where the spiritual attack links us and draws us away from all that is good and ultimately is destined towards death.

There is so much riding on your grasp of this simple revelation: God is good, what He has made is good, and He takes great delight in it all.

INTERPRETIVE PRINCIPLES

There are two interpretive principles of Scripture at work here in Genesis one, and they are essential to us in seeing the refrain which is to come.

First Mention

The first is the principle of first mention. It explains that the first time something is mentioned, especially in the Hebrew scriptures, it is to not only accentuate its importance, but also to show you that if you can understand what is happening when it is first mentioned, then you will understand when it is repeated in the same theme throughout the Scriptures. A good example is the first mention of light in Genesis 1:3, that light precedes life and is about revelation and energy; that darkness was not created; and that the light always overcomes the darkness. If you understand that in Genesis, then you will understand it when you see it in John one and all throughout the Scriptures.

And so here in this first mention, God has made the world, and He saw that it was good. And this theme is woven all the way through Scripture, that despite human depravity, our story in this Book is the story of the goodness of God.

Repetition

Another interpretive principle found especially in the Old Testament, is the principle of repetition. In the Hebrew language emphasis is achieved through repetition, as in holy, holy, holy to emphasize that God is really, really, really holy. And so in Genesis one we see: God saw that it was good. God saw that it was good. God saw that it was good.

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4 Genesis 2:9
5 Genesis 2:16-17
6 Genesis 3:1-7
7 Isaiah 6:3; Revelation 4:8
it was good. God saw that it was good. God saw all that He had made, and it was very good. Don’t miss this point: good, good, good, good, good, and notice that throughout the chapter, it repeats like a refrain of beautiful poetry.

**CELEBRATE!**

We also should not miss that this refrain is conveying another incredible principle, that God, the omniscient, omnipotent Creator of all that exists, paused after each step of creation and celebrated. *That is good!* God celebrated even though He hadn’t finished His work. He made the light and He said, *That is good! It is good. Yes, that is good.* He made some vegetation. *Ah, that’s good!* He made some animals. *That’s good! That’s good.* *We’re not finished yet, but what we’ve done so far is really good.*

**Step by Step**

The first time I saw and understood this, it blessed my life, because I grew up thinking I ought not celebrate until the job is done. But God did. God celebrated the goodness of creation at each step of creation. It did not have to reach its end before it was celebrated.

God does not have to finish anything that He will do before celebrating what has been done. This means that God rejoices over everything good in your life. There is no shaming from God that says, *Until you prove yourself fully, I will not celebrate.* God is delighted when you learn one new thing, when you take one step of growth. God is delighted, and He celebrates.

**IT WAS BIRTHDAY WEEK** in our house this week. My baby boy turned seventeen; my baby girl turned thirteen. We now have two teenagers in the house! Bennett’s first birthday seems like yesterday. He knew he was getting that cake, and although one year olds can’t understand much about cake, he knew he liked it, and he knew it was his. But he didn’t understand the concept of sharing his cake, so when we took it away to cut it into slices for everyone to share, he began crying. It was his cake. We just had to let our little boy have his cake, and what a delight it was! Fists in the cake, cake smeared across his face – what could be better than having your own cake? It was a good first birthday celebration.

Could you imagine us saying after that first celebration: *We celebrated your birthday when you were one. That was a good celebration, but no more.* Or, could you imagine us saying, *When you have proven yourself fully, when you have graduated from college, have a good paying job and have proven that you’ve turned out well, then we will celebrate.* When were we duped into thinking that we are supposed to wait to celebrate? I understand that we can overdo, that we don’t receive a trophy for every accomplishment, but the principle of God is that you celebrate whatever can be celebrated.

**On the Way to the Promised Land**

When the people of God were finally going to go in to take the Promised Land, Joshua led them across the Jordan River. In Joshua chapter four, we read that the Lord gave instructions to select twelve men from the people, a man from each tribe, and to command each of those twelve men to take a stone out of the midst of the Jordan. Then, as they went through the Jordan River, and were heading into the Promised Land on the other side, God commanded
the men to make a pillar out of the twelve stones which symbolized the twelve tribes of Israel. And God said, When your children ask you in time, What do these stones mean to you, you will tell them that you crossed the waters of the Jordan and the waters were cut off before the Ark of the Covenant, and the stones commemorate God’s goodness to us at that time.

What was God doing? He was saying, You haven’t conquered anybody yet; all you did was walk through the river. You haven’t walked around the Jericho walls; you haven’t faced the Philistines; you haven’t faced any of the Canaanite attacks; you haven’t proven anything yet. But you have taken the first few steps across the river, so stop, build a pillar of commemorative stones and celebrate! You took your first step!

There will be a time when you walk around the walls of Jericho seven times. Then stop, celebrate again, and let out a mighty shout, even though the walls haven’t come down. Just celebrate it.

It is good. It is not finished, but it is good.

Into the City of God

I love David. In 2 Samuel chapter six, David was finally bringing the ark of God into the City of God, and he was rejoicing with all his heart:

13 And when those who bore the ark of the LORD had gone six steps, he sacrificed an ox and a fattened animal. 14 And David danced before the LORD with all his might.

A lot of interpreters translate this I think most accurately, that every six steps he stopped and they had another worship service. One, two, three ... STOP! Let’s offer a sacrifice, and I’m going to dance a little bit more right here. We haven’t gotten into the city yet, but we’re going to, so let’s celebrate!

On the Way to Zion

We haven’t reached Zion yet, but we will, so we’re going to celebrate on the way. Celebrate on your way to Zion! Celebrate on your way to eternity with God! Celebrate everything that can be celebrated. Celebrate each step of the way. God did.

RESTORATION
OF ALL THAT IS GOOD

God’s delight and celebration of each part of His creation points us to a simple truth that you cannot miss in Genesis chapter one: The heart of God towards His world is affirmative and, by implication, it is hopeful. And if that is God’s posture towards all of His creation, then we also must have an ultimately hopeful attitude.

Hope in God’s Commitment

Paul said in Romans eight:

22 We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. 23 Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption as sons, the redemption of our bodies. 24 For in this hope we were saved.

Paul is saying that the earth may groan as in travail, but even that travail is pointing to what will be born. Hope is not wishful thinking or humanism. Hope is a profound secret of the Christian life wherein we deeply understand and acknowledge that
In the Beginning, God's Grace Was There

Part 4: Life Is Good

Boogity! Boogity! Boogity!

God made all of creation good, and God is committed to restoring all the created order out of His own delight for His creation. He doesn’t give up on what He has created because He is too sovereign over it. He is not going to let it remain in disrepair because He is too good for that.

A Transfer of Focus

If you see your life and this world in the light of this revelation of God’s commitment, then it transfers your thoughts from a self-focus to a God-focus. Instead of thinking of what you need to do, or what you have already done, to insure that God is restoring what is good within you, the revelation shifts your focus so that your vision is upon God. And God Himself is our Gospel.

A Transfer of Burden

Because God is all that is good, because what He made was good, and because He is utterly committed to bringing about the restoration of all that is good, the promise is that God is at work to restore, to heal, to order and to bless. This means that the pressure is not on you to perform in order to obtain God’s goodness. Instead, the weight and burden of it all is shifted towards the Creator of it all, Who is more committed to your restoration than you ever could be. This is why God pursues you, and this is why God has come in the flesh.

He is not going to allow some slimy serpent to slither into His world and have sovereign sway over all that exists. HE IS THE LORD ALMIGHTY!

BLAMELESS

The Lord is good. He bestows favor and honor; no good thing does He withhold from those whose walk is blameless.

A Misinterpreted Text

God promises in His Word to withhold NO good thing from those whose walk is blameless, and years ago, I would have heard that Scripture and thought: Obviously I’m not blameless, and so obviously this text does not apply to me.

Because God is all that is good, because what He made was good, and because He is utterly committed to bringing about the restoration of all that is good, the promise is that God is at work to restore, to heal, to order and to bless. He is more committed to your restoration than you ever could be.

Unfortunately preachers often misinterpret texts like this and say: What about your life? Let’s examine your life... Look at all those troubles. You’re to blame for all of them actually... Let’s spend this week in self-examination, being conscious every day of our sin.

That’s not at all far from the message we’ve heard, is it? That message tells us we have to figure out what’s wrong with ourselves, because if we could somehow have a little less blame, then we could have more of God’s favor. But when we do that, the focus is on ourselves, and we have lost all of Genesis one, where the focus is on God and what He created.

The Glorious Truth

We now return to Psalm 84, wherein we find an incredible prophetic message:

Look upon our shield, O God;
Look upon the One Who has taken the fiery darts.
look with favor on your anointed one.

Here is our good news: anointed one is translated, Messiah! There is our prayer, beloved. God, look on our Messiah. Wow!

Better is one day in your courts than a thousand elsewhere; I would rather be a doorkeeper in the house of my God than dwell in the tents of the wicked.

When I think about these things, I’d rather be a doorkeeper in the House of God than dwell in the
Christians,

once you have accepted Christ and His provision for you,
in Christ you are blameless.
You are blameless.
And the Word of God promises,
‘The Lord God withholds no good thing
from those whose walk is blameless.’

most lavish of the provisions of the wicked. It means nothing.

For the LORD God is a sun and shield;... no good thing does he withhold from those whose walk is blameless.

God, I may not be blameless, but Jesus is! He was a perfect Lamb. Examine Him and see if He has any blame in Him.

Jesus, Who knew no sin, became our sin so that we could become the righteousness of God.
And though it beggars our belief, this is the truth of the Gospel.

Christians, once you have accepted Christ and His provision for you, in Christ you are blameless. You are blameless. I’m not saying that you are not going to sometimes do things that are wrong, but positionally this is what the Bible teaches us: You are viewed by God as blameless! Your sin is cast as far as the east is from the west, and He remembers it no more.

And the Word of God promises, The Lord God withholds no good thing from those whose walk is blameless.

And THAT is the Gospel!

Boogity, boogity, boogity! AMEN!

God, I thank You today for every good gift that You have poured out on us. Every good and perfect gift comes down from You, Lord! There is no shadow of turning within You.

God, You have only good to give, and You are here with us. And You have set before us a feast of grace wherein we come, Lord, like little children. And we are saying to You, Lord, Thank You for your gifts. Thank You for what You have done. Thank You for what You have accomplished. Thank You for Jesus Christ. Open up the eyes of our hearts to behold Jesus, to experience His healing presence and the delight of Heaven. In Jesus’ name. Amen.

This is a good prayer: Look upon our Shield, oh God. Look with favor on your Anointed One. In Jesus Christ you have a blameless Savior and you are hidden in Him. And anything that you desire from God is built on this promise, that no good thing does He withhold from those whose walk is blameless.

So we can say, God, do not look on us. Look on your Anointed One and what He has done for us.

Hallelujah! God is good, and life is good!
Yes, we are sinners and the world is broken, but God is good, and life is good. It is good.

11 2 Corinthians 5:21
12 Psalm 103:12
13 Isaiah 43:25
14 James 1:17
15 Colossians 3:3
A parting thought ...

MY GRANDDADDY was a men’s clothier for many years, and so clothing and fabrics became a part of his life. He liked the feel and the weave of fabrics. If you were in a room with my granddaddy, he would come over to you and say, That’s a nice jacket, or, That’s good material! That’s good! It has a good feel. And when he was near his death and he had suffered dementia, we would just bring cloth in for him, and he would enjoy the touch and feel of it.

I think we are supposed to go through life saying, That’s good! That has a good feel! That’s a nice jacket. It’s a beautiful day.

And so when you pray, begin with a time of thankfulness. Say, I want to thank You, Lord. You said to rejoice in all things, and even though I’m going through a hard time right now, I want to thank You. I thank You, Lord, that I have breath in my lungs this morning. I thank You that I have a roof over my head. Thank You Lord. Thank You for a good meal today. Thank you Lord.

Thank the Lord about anything. Thank Him. And then you can say, Lord, look with favor on your blameless Anointed One and withhold no good thing from me, for why would the Lord God withhold anything from those who are blameless in Christ Jesus?

May the Lord God bless you and keep you, and be kind and gracious to you, and make His face to shine upon you, and take delight in you, His creation, now and forevermore. Amen.
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